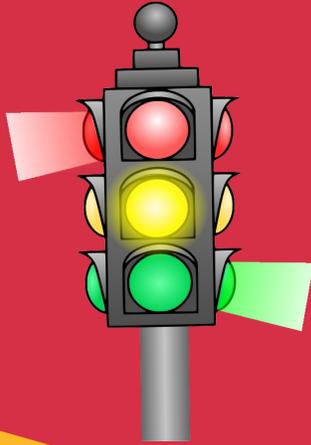


A First 5 Alpine FREE Virtual Parenting Event

# Setting Boundaries



**Monday,  
January 25, 2021  
6 - 7:30pm**

Join us for a discussion on how limits, rules and routines can make parenting easier and have the bonus consequence of fostering more confidence, respect, and responsibility in your children.

*Each participating family will receive a special gift following the session and completion of evaluation.*



This event is brought to you by



and our partners



Alpine County Early Learning Center



Contact Amy Broadhurst at  
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for more information and to get  
your Zoom invitation.