

# Child Care Food Program Newsletter

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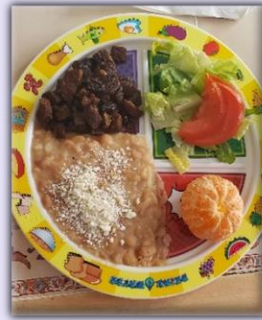
[www.catalystcomm.org](http://www.catalystcomm.org)



## Nutrition & Health News

### MyPlate Contest- the Results are In!

Thank you to everyone who participated in the MyPlate Contest. Pictured below are the **8** participants who will be awarded a **MyPlate Nutrition Kit!**



**Mayela Sepulveda**  
San Jose



**Maria Salinas**  
East Palo Alto



**Maria Arteaga**  
Gilroy



**Dana Schmalz**  
El Dorado Hills



**Elida Gaeta**  
Gilroy



**Sylvia Rubio**  
Georgetown



**Tula Aponte**  
Milpitas



**Perla Castillo**  
San Jose

**Catalyst Community CACFP**  
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Cameron Park, CA 95682  
530-676-0707 x3  
[www.catalystcomm.org](http://www.catalystcomm.org)

**FEB 2021 KidKare Claim Pay Date is:**  
March 29, 2021

### **\*March 2021 Claim Deadlines\***

**April 1st-** KidKare claim due  
**April 5th-** Child Enrollment Forms due  
in Cameron Park Office

## KidKare Corner

### Check Your Claim Summary & Errors Report in KidKare

Be sure to view your **"Claim Summary & Errors Report"** in KidKare each month to avoid repeating errors and losing reimbursement. After your claim is processed, you can view your Claim Summary & Errors Report by going to **Reports>Select category: Claim Statements>Select report: Claim Summary & Errors Report>Select Month: Run.**

## Program Reminders

### Provider Compliance Checklist & Serious Deficiency Process

**Thank you** for helping us complete your “unannounced” virtual review visit by being available at the mealtime we specify and returning your signed Review Report to remain in compliance with to CACFP monitoring regulations.

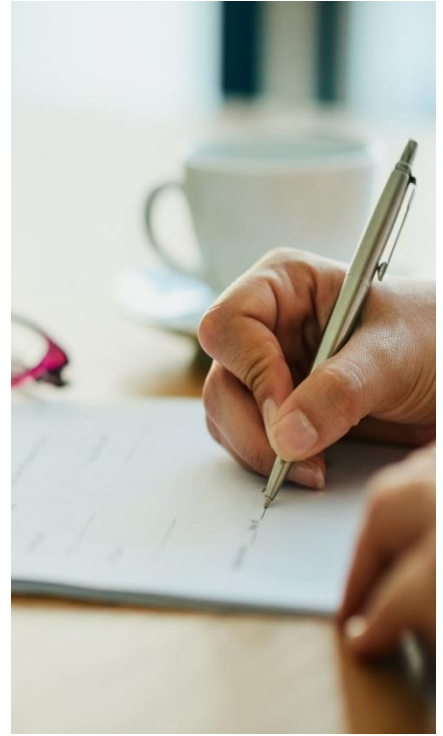
We are reviewing the **Provider Compliance Checklist** at your visit to remind you of important CACFP regulations. Adhering to the regulations keeps you in compliance and allows you to continue your participation with the CACFP.

**Please be sure that you carefully review ALL CACFP regulations on the Provider Compliance Checklist before signing!**

#### Serious Deficiency Process

If one or more of the CACFP regulations are not adhered to, it may result in receiving a **Warning Letter** and/or being placed into **Serious Deficiency**. If placed into Serious Deficiency, you will be required to submit a Corrective Action Plan. If the Corrective Action Plan is accepted, the Serious Deficiency will be ‘Temporarily Deferred.’ If the Corrective Action Plan is not accepted, it may lead to ‘Termination and Disqualification’ from the CACFP.

If a ‘Termination and Disqualification’ determination is made, you have the right to appeal however, if the appeal officer rules against you, you will be terminated from the CACFP and placed on the National Disqualified List (NDL) and unable to participate in the CACFP for a period of 7 years.



### On the Move Puddle Jumping!

**April Showers bring May flowers!** If we are lucky enough to get rain- have the kids put on their rainboots and go puddle jumping. Jumping develops balance, strength, and agility in little legs and has the benefit of coming in many different styles: big jumps, little hops, run and jump, jumping stars (jacks), arms up or down, jumping with two feet and one-legged hops. Just be sure they are dressed appropriately as they will be sure to get wet!

## Recipe of the Month

### Cheese and Cracker Baby Chicks

#### Ingredients

20 round crackers, whole-wheat  
8-ounce cheddar cheese  
2 cup carrots, baby  
16 jumbo black olives, canned  
2 cup spinach

#### Instructions

Lay out crackers on a plate or platter.  
Cut cheese into circles that will fit in top of crackers. The best fit will be about 1/4 inch smaller. Place cheese on crackers.  
Cut carrots into small sticks to resemble the chick's feathers on top of his head. Cut another carrot into thin rounds. For each cracker, 2 will be used for the feet and one will be cut into triangles for the beaks.  
Cut tiny pieces from an olive to make little eyes for each chick and then place some spinach leaves under each chick for a cozy spot to rest. 5 servings (3-5 yr. old's)  
4 chicks= 1 Serving of grains & meat alt.

Recipe adapted from:  
[www.superhealthykids.com](http://www.superhealthykids.com)

