



School-Age, 5 – 12 years

Children are special people!

Parents and anyone raising children have an important and challenging job. Join us to learn tools that will help you better understand your child, prevent problems and encourage positive behavior.

These **FREE classes** include a Parent Workbook and Guide.

Virtual Zoom Class

From the comfort of your home

Thursdays

March 3, 10, 17 and 24

6-8p

To sign-up, contact

530.541.5848

nrubio@catalystcomm.org

The classes are FREE but you must preregister. Once registered, you will be emailed an invitation to the virtual classes.



The 4-part series will cover these topics:

- ◆ The Active Parent
- ◆ Cooperation & Communication
- ◆ Responsibility & Discipline
- ◆ Building Courage & Self-Esteem
- ◆ Understanding & Redirecting Misbehavior
- ◆ Active Parenting for School Success

 **Catalyst**
community

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