

Historical & Intergenerational Trauma

Strengthening Awareness to Expand Understanding

In part 1 of this 3-part series, we will be exploring our personal history, culture, and norms to better know ourselves. That is a first step in being open to better knowing others, particularly the children we care for (and their families).



*"Being aware is
halfway there."*

**THURSDAY,
JANUARY 20**

6:30 - 8:30pm

Via Zoom



**To register for this offering,
call 530.541.5848 or
email nrubio@catalystcomm.org**

*Stipends available for El Dorado County Childcare Providers

Funded by the Department of Health and Human Services