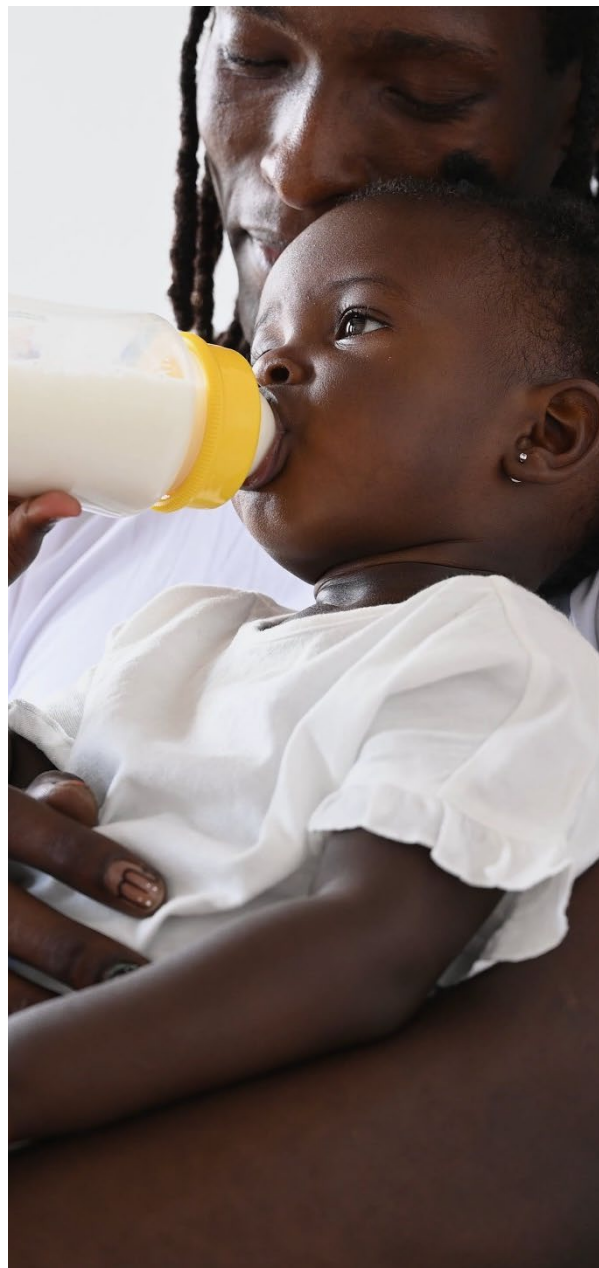


Child Care Food Program Newsletter

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Nutrition & Health News

Infant Formula Shortage and WIC

The ongoing infant formula shortage due to supply chain issues, which worsened due to a [major formula recall](#) earlier this year, has left many caregivers feeling concerned and anxious about their options for safely feeding their infants. Families receiving formula through the Special Supplemental Nutrition Program for Women, Infants and Children, commonly known as WIC, are among the many affected by the recall. The Biden-Harris Administration and USDA's Food and Nutrition Service are taking [many actions](#) to help ensure WIC participants can get safe formula to nourish their babies.

Steps to ensure Safety of Infant Formula during the Shortage

- Learn more about [choosing an infant formula](#) that's safe.
- [Do not feed a baby cow's milk](#) or other non-dairy milks until 1 year old, unless you've talked to a pediatrician.
- Don't make homemade infant formula or water down formula; there are [serious health and safety concerns](#).
- Do not buy formula online that comes from outside the U.S., which could be counterfeit, have a fake label or a wrong use-by date.
- [Prepare and store infant formula](#) according to the manufacturer's instructions; do not water down formula.
- Properly clean, sanitize and store infant feeding items and always wash your hands when handling formula and feeding items.
- Talk to your pediatrician about introducing complementary foods by 6 months. Visit [MyPlate](#) for more information on infant feeding.
- Please note: *Only medical professionals are qualified to provide advice on acceptable alternatives to formulas that may currently be difficult to find.*

Finding Infant Formula during the Shortage

The American Academy of Pediatrics offers [tips for parents and caregivers who are struggling to find baby formula during the shortage](#). WIC (Women, Infants and Children) also has some valuable information on [Infant Formula Availability](#).

WIC (Women, Infants & Children)

WIC is the sister program to the CACFP. Just as the CACFP helps ensure children in childcare receive proper nutrition, WIC is a health and nutrition program for babies, children under 5, pregnant women and new mothers. Please direct parents who you think may benefit from WIC to the [WIC Website](#) to learn more about eligibility and resources available.

Source: adapted from [cacfp.org](#)

Catalyst Community CACFP

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Cameron Park, CA 95682
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**MAY 2022 KidKare Claim Pay Date is:
JUNE 27, 2022**

JUNE 2022 Claim Deadlines

July 1st- KidKare claim due

July 5th- Child Enrollment Forms due in
Cameron Park Office

KidKare Corner

Meal Pattern Flexibility Waiver ends June 30, 2022

According to CACFP regulations, at least one serving per day, across all eating occasions, must be whole grain-rich. 7 CFR 226.20(a)(4)(i)(A) and 226.20(c)

The [Meal Pattern Flexibility Waiver](#) was established to allow certain flexibilities in the meal pattern during the pandemic. As a result, **Error #187: "A meal with whole grain rich bread/alternate component was not served on this day"** was set to WARNING instead of DISALLOW in KidKare in July 2021.

Starting July 1, 2022, if you do not indicate that a serving of whole grain rich bread/alternate was served at a meal or snack at least once per day in KidKare it will show as a **disallow** on your Claim Summary & Errors Report.

Program Reminders

2022 MANDATORY ANNUAL TRAINING: July 6- September 6, 2022

The 2022 Mandatory Annual Training will be available on the Catalyst Community CACFP website from July 6-Sept. 6, 2022. **All participating providers MUST complete the online Mandatory Annual Training offered each year to remain in good standing (7CFR 226.16(1)(2)(viii) and 226.18 (b)(2)).**

This year's annual training will cover the required compliance areas, in addition to learning how to determine **Ounce Equivalents**. Ounce equivalents (oz. eq.) are the new method for measuring grains and are listed on the [updated meal pattern](#) that was recently mailed to you. At the end of the training there will be a short quiz. When you pass the quiz, you will receive a Certificate meaning you have successfully completed your mandatory annual training for 2022!

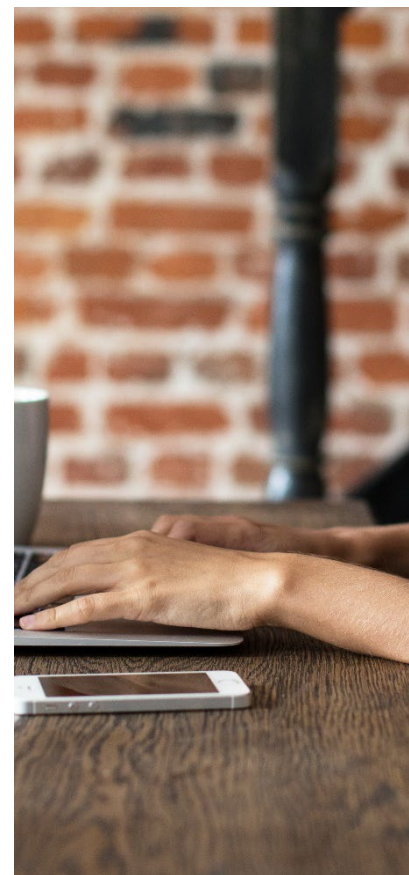
Nationwide Area Eligibility Waiver ends June 30, 2022

The [Nationwide Area Eligibility Waiver](#) allowed day care homes participating in the CACFP to claim all meals served to enrolled children at the Tier 1 rate, regardless of their location during the pandemic from July 2021-June 2022.

As of July 1, 2022, providers who are not in a Tier 1 location will be reimbursed at the Tier 2 rate unless they qualify by income. To qualify by income, providers must submit a [Provider Meal Benefit Form](#) to see if they qualify to receive Tier 1 rates and claim their own children under the age of 13 (if applicable).

Providers also have the option of handing out [Parent Meal Benefit Forms](#) to receive Tier 1 rates for children in their care whose parents qualify by income.

If you have any questions, please do not hesitate to call 530-676-0707 or email cthomas@catalystcomm.org



On the Move

Sesame Street Fun

Check out Sesame Street's [Everyday Moments Activity Cards](#) to get kids moving and having fun doing everyday routines such as cleaning up! Each card has age-appropriate activities for children ages 0-5!



Recipe of the Month:

Any Day's a Picnic Chicken Salad

Ingredients

2 1/2 cups chicken breast (cooked, diced)
1/2 cup celery (chopped)
1/4 cup onion (chopped)
2/3 tablespoon pickle relish
1/2 cup mayonnaise (light)

Instructions

Wash hands with soap and water.
Combine all ingredients.

How to use:

Make chicken salad sandwiches.
Make a pasta salad by mixing with 2 cups cooked pasta.
Kids will love this salad served in a tomato or a cucumber boat.

Makes 6 servings

Refrigerate until ready to serve.
Use within 1-2 days. Chicken salad does not freeze well.

