

Active Parenting

Make your life easier, and your family better!



FREE Parenting Classes

Are you a parent or caregiver of a young child, **ages birth to 5**? Then join us for **Active Parenting**, a video & discussion program that will give you skills to create more peace at home and will help your children achieve greater success and happiness.

- FREE classes include Parent Guide.
- You are invited to attend any session but we hope to see you for all three!

ACTIVE PARENTING
First Five Years

Virtual Classes on Zoom

Wednesdays

6:30 pm - 8:30 pm

January 18, 2023

January 25, 2023

February 1, 2023

Call to sign up

530.541.5848

The 3-Part series will show you:

- Discipline methods that work
- How to prevent tantrums
- Routines that make life easier
- How to make rules your child will follow
- How to take care of your child at different stages
- How to build a bond with your child