

Trauma-Informed Care



2023 - 2024 Resiliency Cafes

TIC Resiliency Cafes - These are a partnership to enhance your well-being as well as the children in your care. It is an opportunity to explore how to implement practices from TIC training. We will have open-ended discussions about the challenges of working with difficult behaviors, trauma responsive strategies, self-regulation, emotional and sensory awareness, self-care, mindfulness, and resilience. Attend one or all meetings.

TIC Resiliency Cafes

This is a **virtual group** that will be offered on the second Thursday of the month through May 24.

Open to all childhood educators in El Dorado County.

6:00pm - 7:30pm

September 14, 2023

October 12, 2023

November 9, 2023

December 14, 2023

Questions & to Register

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Stipends Available for El Dorado County
Childcare Providers

Funded by Department of Social Services