

Trauma-Informed Care FALL 2023

VIRTUAL Series: Module 1, parts 1-4



Childhood trauma is our single most important public health challenge. Trauma Informed Care (TIC) trainings are the first step in working towards a trauma-responsive program that supports ALL children.

TIC, Module 1 will help you understand the effects of trauma and early adversity and practices to support children.

What Happened To You?

(instead of What's Wrong With You?)

Thursday, August 17, 2023

6:30pm-8:30pm

Been perplexed by a child's challenging behavior? Understand the far-reaching impact of stressful and traumatic events on children (and adults).

So That's Why.

Thursday, September 21, 2023 6:30pm-8:30pm

Learn the impacts on brain development from toxic stress that are seen in behavior, learning and typical development. Understand and recognize triggered behaviors.

What Can I Do?

Thursday, October 19, 2023 6:30pm-8:30pm

Learn some key strategies that use relationship-based approaches to support healing and build resilience in young children.

How Can I Help?

Thursday, November 16, 2023 6:30pm-8:30pm

Integrating knowledge of trauma and early adversity into a roadmap for practices you can adopt to provide trauma-sensitive environments that reduce triggers and promote sensory and emotional literacy.

Questions & to Register

Carol Ledesma

530.541.5848 | clesma@catalystcomm.org

Stipends Available for El Dorado
County Childcare Providers

**Funded by The Department of
Social Services**