



## Caregivers for Family, Friend, & Neighbors

### Join our VIRTUAL (GLC) Growing, Learning & Caring Partnership

The 2<sup>nd</sup> Thursday of every month, 1:00pm – 2:00pm

Our 2024 GLC get-togethers are an opportunity to explore a topic, engage in discussion, and share ideas. You may be eligible to receive \$50 for every 4 hours of health and safety training you complete, up to \$150. Here is our calendar of dates and topics to discuss:

**January 11, 2024**

Weather Watch – Safety Concerns of Each Season

**February 8, 2024**

Be a Healthy – Eating Role Model

**March 14, 2024**

Supporting Mental Health

**April 11, 2024**

How to Spot and Help Prevent Child Abuse

**May 9, 2024**

Raising Healthy Eaters in a Fast-Food World

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