



Trauma-Informed Care WINTER 2023 IN-PERSON Series: Module 1, parts 1-4



Childhood trauma is our single most important public health challenge. **Trauma Informed Care (TIC)** trainings are the first step in working towards a traumaresponsive program that supports ALL children.

TIC, Module 1 will help you understand the effects of trauma and early adversity and practices to support children.

Saturday, December 2, 2023 9:00am-1:00pm

What Happened To You?

(instead of What's Wrong With You?)

Been perplexed by a child's challenging behavior? Understand the far-reaching impact of stressful and traumatic events on children (and adults).

So That's Why.

Learn the impacts on brain development from toxic stress that are seen in behavior, learning and typical development. Understand and recognize triggered behaviors.

Saturday, December 9, 2023 9:00am-1:00pm

What Can I Do?

Learn some key strategies that use relationship-based approaches to support healing and build resilience in young children.

How Can I Help?

Integrating knowledge of trauma and early adversity into a roadmap for practices you can adopt to provide trauma-sensitive environments that reduce triggers and promote sensory and emotional literacy.

Questions & to Register

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Stipends Available for Alpine County Childcare Providers