

Parent Cafe



Calm Guidance for Loud Moments



Location:

Virtual- Zoom



Date:

May 20th
6:00pm-7:30pm

When big feelings lead to loud moments, it can be hard to know how to respond. Join us for a supportive virtual workshop where we'll explore practical, effective strategies for guiding young children's behavior with empathy and patience.

You'll walk away with:

- **Actionable tools** to navigate daily challenges.
- **Positive communication techniques** that build connection.
- **Community time** to chat with other parents, share experiences, and realize you aren't alone in this journey.

Register today to reserve your spot



Scan the QR code or contact:

Callie Howell

Parent & Provider Educator

chowell@catalystcomm.org

(530) 676-0707



Take Home Gift!

Each family will receive a family engagement kit for attending!



The first 10 participants to register and complete the full training will receive the standard kits; all other attendees will receive an alternative kit.

Come join the conversation and help your family grow strong together!